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ACTION FOR CHILDREN

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How Action for Children works

Working together to help disadvantaged young people in our local communities across the UK.

From before they are born until they are into their twenties, we help disadvantaged children through practical services and programmes that are proven to work. Action for Children is one of the UK's leading children's charities and we have been supporting disadvantaged children for almost 150 years.

We provide vital support to the most disadvantaged children, young people and their families in the heart of local communities across the UK. Last year, our 600 projects directly supported more than 370,000 children, young people and their families. Our essential services provide intensive support for:

- **Families in crisis:** Our children and family centres teach parenting skills and provide a safe place for families to come and rebuild their relationships.
- **Disadvantaged young people:** We provide practical support and counselling for children and young people who have experienced severe difficulties in their lives such as sexual abuse, domestic violence or antisocial behaviour. We support their education, employment and training opportunities and teach them the skills they need to live independently.
- **Children who can no longer live with their birth families:** Our fostering and adoption services create loving and safe new homes for children who have had to be removed from the family home, and provide support and guidance for their foster carers and adoptive parents.
- **Children with disabilities:** Our disability services provide specialist care and respite for those families who are struggling to cope with the additional challenges disability can create.
- **Young carers:** We support children caring for a sick family member by providing counselling, practical and emotional support. We give young carers the opportunity to befriend and confide in other young people dealing with similar challenges and offer respite from the harsh realities of their lives.

