



## Shopping List

**£10 would pay for a week's worth of hot meals for a hungry child**

**£10 would pay for basic toiletries or a hygiene set ready for a young homeless person**

**£20 could pay for 15 children to have breakfast at one of AFC's breakfast clubs**

**£20 would buy two weeks of fresh fruit and vegetables for two hungry children**

**£30 would provide a counselling session for a neglected child**

**£35 could pay for an hour-and-a-half session with a specialist counsellor to help a young carer talk about the difficulties they are facing at home**

**£50 would pay for five children to get a meal at a breakfast club every day for a week**

**£50 could pay for a child with behavioural difficulties to have an individual session with a specialist play worker**

**£60 could help us arrange supported lodgings with a caring family for a young homeless person**

**£90 would buy a two week emergency food package for a struggling family**

**£100 would provide enough money to purchase clothing items for one young person who has nothing.**

**£200 could help pay for intensive work to prevent a vulnerable child being taken into care**

**£250 would pay for a starter pack of essential household items such as bed linen, towels, pots and pans and crockery to help a young person set up home and look forward to an independent future.**

**£500 could keep one of our emergency drop-in centres for homeless young people open for a week**

**£500 would enable Action for Children to arrange a day out with all young people living at a youth homelessness project.**

**£1000 could provide a young person with the main items they require in their first tenancy; For example a bed, sofa, washing machine, cooker and carpet.**

**£1,000 could train an Action for Children foster carer to look after someone who can't stay with their own family because it isn't safe.**