

SHOPPING LIST

£10 would pay for a week's worth of hot meals for a hungry child.

£10 would pay for basic toiletries or a hygiene set for a young homeless person.

£20 could pay for 15 children to have breakfast at one of Action for Children's breakfast clubs.

£20 would buy two weeks' worth of fresh fruit and vegetables for two hungry children.

£30 would provide a counselling session for a neglected child.

£35 could pay for an hour-and-a-half session with a specialist counsellor to help a young carer talk about the difficulties they are facing at home.

£50 would pay for five children to get a meal at a breakfast club every day for a week.

£50 could pay for a child with behavioural difficulties to have an individual session with a specialist play worker.

£60 could help us arrange supported lodgings with a caring family for a young homeless person.

£90 would buy a two-week emergency food package for a struggling family.

£100 would provide enough money to purchase clothing items for one young person who has nothing.

£200 could help pay for intensive work to prevent a vulnerable child being taken into care.

£250 would pay for a starter pack of essential household items, such as bed linen, towels, pots and pans and crockery, to help a young person set up home and look forward to an independent future.

£500 could keep one of our emergency drop-in centres for homeless young people open for a week.

£500 would enable Action for Children to arrange a day out with young people living at a youth homelessness project.

£1,000 could provide a young person with the items they need in their first tenancy, such as a bed, sofa, washing machine, cooker and carpet.

£1,000 could train an Action for Children foster carer to look after someone who can't stay with their family because it isn't safe.

